Food Pantry and Assistance at Corpus Christi

March, 2019

3 Crown Street, Nashua, NH 03060 Pantry: 603.882.6372 Assistance: 603.598.1641
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We are a 501(c)(3) organization. Your donations are tax deductible

WHAT DOES IT MEAN TO BE POOR?

Poverty is defined by the US Government as a household income of a specific amount. (In 2017, the latest figures available, the amount for a family of 1, is \$12,060; for a family of 4, \$24,600). Day to day though—what does it mean to be poor? It means living hand to mouth. It means any unexpected expense such as a car needing repair or illness represents an *extreme* emergency. It means when you have to go to welfare or another agency for help, you have to reveal your *private* financial and family information in order to get help. It means having to eat whatever you are given at a food pantry. It means having to say no to your children for things other children routinely have. It means often living in an unsafe part of town.

Human Dignity. Imagine please that you had to humble yourself to ask for the basics of life: food, rent, socks. It could leave you feeling humiliated, degraded. For this reason, the primary goal of Corpus Christi is human dignity. Our goal is to treat each client as if they were Jesus himself regardless of beliefs. Yes, we give food, etc. and financial assistance but without treating each person with respect, we have given nothing of value.

In order to support human dignity, clients are given a list of pantry items and they choose what they or their family needs and likes. Each client of the Assistance program is "heard" individually either by phone or a personal interview. Corpus Christi has no "cookie cutter" solutions because there are no two people or families with identical needs.

Some of the people you helped recently

YOU helped 11,553 people with food, toiletries, basic cleaning supplies, eggs, fresh produce and meat in 2018. This included children, the elderly, the disabled, etc.

<u>YOU</u> helped 1,763 people with financial aid to help prevent homelessness through the Assistance program. You helped with rent, preventing electricity and natural gas being turned off, bus tickets and gasoline to get to work, glasses, dental payments, identity documentation enabling people to obtain work in 2018.

<u>YOU</u> helped a single father pay for daycare for his school aged children so he could work and the children were well cared for.

YOU helped an elderly lady keep her housing until she could get her social security straightened out.

You helped several people in pain pay for much needed dental work.

YOU helped several families with their winter heating costs caused by poorly insulated apartments.

YOU helped many marginally employed clients get help with identifications so they could work.

<u>YOU</u> helped numerous people with bus passes and gasoline to negotiate the winter weather to look for work and get to doctors appointments, etc.

YOU helped a working man injured on the job and about to be evicted with his rent while he waits for disability.

Often people write to thank us. We would like to share three of their notes with you.

"I just wanted to take a moment to express my sincere gratitude for the food and rental assistance you provided me and my children." (This from a woman who had walked 30 minutes in the winter to help her family.)

"The services you provided went a long way towards helping me start a new life. My driver's license is now active and enables me to be gainfully employed."

"Thank you so much for the kindness and compassion that you showed towards me. I can't tell you what a blessing everything is to my son and I. It felt so good to have a full belly and be at ease knowing we would feel the he same way the next day."



Please consider sending a donation to Corpus Christi. Every donor is greatly valued and appreciated. Your support is critical to our being able to help those in need. Thank you.



