



Corpus Christi Spring Newsletter



Who comes to CCFPA for help?

Your neighbors in the Nashua community who are struggling each day to buy food and pay bills.



- **Your** support helped over 12,000 people with food, toiletries, cleaning supplies, eggs, fresh produce and meat in 2024. The need is growing; this year alone we are seeing an increase of 25% in daily appointments, so many new families each day.
- **Your** donation of winter hats, mittens, and coats were distributed in December & January. Thank you, St. Joseph K of C for the new winter coats! We are fortunate to have so many talented knitters who shared with us year after year.
- **You** helped approx. 55 families each month with financial aid to prevent homelessness, as well as support for electric and gas shutoffs. Many of these clients have dual incomes and continue to struggle with their budgeting, often choosing between paying for groceries or a utility bill.
- **Your** donation allows us to contribute towards necessary dentures, prescription and unexpected medical expenses. Essential medication is often unaffordable.
- **You** provided bus tickets and gasoline vouchers for our clients to get to work and doctor visits. Throughout the winter months, some of those that were asking for gasoline were also living in their cars and wanted to be warm.

Food Pantry News

This winter and spring have been busy, busy, busy. Many of our clients count on us for budget savings. Fresh produce and bakery items are provided by Hannaford's Fresh Rescue program and the NH Food Bank. Milk, dairy items, deli sandwiches and frozen meat, as well as non-perishable items are all available to supplement household meals for up to 5 days. Our parish brown bag collections have helped to keep our shelves stocked with a variety of items that our families appreciate.

PANTRY WISH LIST

- Canned meat; Ham, Tuna, Chicken & Spam
 - Flour, sugar
 - White Rice or rice sides
 - Laundry Detergent
 - Coffee (small sizes)
 - Soup, creamed soup
 - Canned Fruit: Pineapple & Applesauce
 - Spaghetti, Tomato sauce
 - Cooking oil
 - Condiments
 - Cake mix, frosting
- Thank you!**

Assistance Office

Often a health crisis or job loss affects the availability of income to pay the rent. This need generally consumes more than one month. The Nashua City Welfare meets and reviews the current situation that a resident may be experiencing, however they cannot cover the back rent that may have accumulated. When the landlord agrees to hold off on eviction or court proceeding to allow the family an opportunity to catch up, they are referred to charities. CCFPA has the capacity to personally meet families and clients in need. The financial assistance we can offer is a direct reflection of your dedicated support. We thank you for these blessings and the spirit of generosity that allows us to be in communion with others and to understand the Body of Christ.

"Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver."

2 Corinthians 9:7

2025 Forecast – Special Programs and Upcoming Events

In May, we are continuing our **summer fan program** to help our residents who need relief from the summer heat. We accept new or gently used fans at our pantry; Tuesday or Thursday from 1-2pm is our current drop off time. Please watch your parish bulletin for more information or call 603-598-1641.

Socks and underwear drive: It's not too soon to think ahead to July, we will once again continue our program for providing socks and underwear to school-age children. We help families with children of all ages and sizes. In the past we have experienced the need for large, XL and XXL. Please keep this in mind when shopping.

For the upcoming holidays we will continue to provide **Thanksgiving food distribution bags** and our **annual Christmas bazaar** with holiday decorations. Date TBD in our fall newsletter.

Birthday gifts and birthday party bags made especially for us by the Lion's Club are a special way we continue to help celebrate with the children. We love new toys, books, games and age-appropriate gifts.



Corpus Christi

Food Pantry & Assistance

3 Crown Street
Nashua, NH 03060



Pantry:

603-882-6372

corpuschristifp@outlook.com

*For I was hungry, and you gave me something to eat,
I was thirsty and you gave me something to drink,
I was a stranger and you invited me in,
I needed clothes and you clothed me,
I was sick and you looked after me.
Matthew 25:35*

Assistance:

603-598-1641

corpuschristiassistance@outlook.com

corpuschristifoodpantry.org

[Facebook.com/CorpusChristiFoodPantry](https://www.facebook.com/CorpusChristiFoodPantry)

*Corpus Christi Food Pantry & Assistance
3 Crown Street, Nashua, NH 03060*

"I usually remember to thank you, Lord, for the great and wonderful things you do in my life. Help me learn to thank you for the little things that go almost unnoticed."



This is the day the Lord has made, Let us rejoice and be glad!

Donating your money or goods to the poor as well as performing acts of charity is a beautiful tradition. It's a way to align our hearts with the selfless love and generosity exemplified by Jesus. As we journey toward Easter, almsgiving becomes a powerful witness to fraternal charity and a work of justice pleasing to God.
Thank you for your support throughout the year.

Pictured on the left is Mike Glenn & Luis Michaud delivering food orders to our clients. On the right, Anna & Audriana, wonderful helpers from Bishop Guertin. Pictured as well are Sam & Kinsley from Rivier University volunteering each week for their internship project.



If you would like to allocate your donation to help us shop or in memory of a loved one, just let us know. Please return the enclosed envelope or visit CorpusChristiFoodPantry.org Paypal.com Amazon Smile.

Did you know CCFPA has only two paid Directors? The dedication of our volunteers, giving of their time, is so valuable. Many hands help us to reduce overhead, enabling us to spend 95% of every dollar directly on the needs of our clients! Every dollar is stretched and provides an immense blessing of sacrifice.

